

CHICK CHAT

Attention all 4th, 5th & 6th Grade Girls!

It is time for Chick Chat 2017

Sponsored by Helping Girls Navigate Adolescence (HGNA). Chick Chat is an opportunity for girls to gather for a day of grade level workshops focused on helping them develop their own unique sense of self. Girls will also participate in yoga, team building activities, and enjoy lunch together.



Saturday, February 18, 2017

9:00 a.m. to 3:00 p.m.

Check-in begins at 8:30 a.m.

Herrick Middle School

4435 Middaugh, Downers Grove

Attendance is open to ALL 4-6th grade girls.

PARENTS!

Parents are invited to "Mom and Dad Chat" during the morning of Chick Chat from 9-11 a.m. in the Herrick Cafetorium. Co-founders of Parenting Perspectives, Karen Jacobson, MA, LMFT, LCPC and Lauren Bondy, LCSW, Certified LifeLine Practitioner, are on the cutting edge of innovation helping parents become more self-aware so that their families can thrive. With passion, humor, and their signature-style demonstrations, they offer parents practical tools for promoting healthy development and nurturing the unique potential of their children.



Registration opens 1/9/2017.
Visit hgna.org for more information and to register.